



“Societal adjustment and advancement in pupil’s: Preponderant aspects of Educators”.

¹Runu Show, ²Dr.Mrinal Mukherjee

¹ Research Scholar , Department of Education, Bankura University, Bankura, West Bengal

² Assistant professor , Department of Teacher Education, Baba saheb Amedkar Education University, Kolkata-19 West Bengal.

Email - runushow@chandrakonavm.ac.in

Abstract: Every human being is societal animal and can't live in separation. Hence it is very significance for a person to adapt and adjust to his/her climate. Also the process of adjustment every individual tries to progress maintain a cordial relationship with its social environment. And the societal adjustment refers that the terms of how much pupil must be engaged in societal activities and how much they are pleased with the society and with the societal aspects of educational climate . It is only when a pupil comes in connect with his/ her educators and those surroundings him, she/he can be able to educate the art of societal adjustment. But for some pupil's it is very smooth and flexible task to adjust socially other side for other pupil's it is not an easy ,they take extra time for learning . Educators play preponderant role in helping pupil's to adjust to his society. Others factors are also involved to societal adjustment and advancement of pupil's . The present paper seek to explains the preponderant role's of educators in the advancement of the societal adjustment of the pupil.

Key Words: Societal Adjustment, Advancement, Preponderant role, Educators.

1. INTRODUCTION:

Education as contemplated as embarkation of every human beings activities in this era of technological revolution. Nation claim that we are globalized and civilized , also it is true that educators acts preponderantrole in the advancement of human capital. And it is connected with an individual's welfare and opportunities of better living. Educators secure the acquisition of knowledge and skill that permit pupils to expand their competency and upgrade their standard of living. Also ensuring best possible outcome for pupils require educators to confronted the problems of maintaining the disciplinary needs, they make to assimilate their students into the family institution and social system maintaining an climate of love , responsiveness and guidance. When educators attitude towards institutions , do not cogitate an accurate steadiness of this spectra, students may confront several societal adjustment issues , what Educators styles best success of equilibrium ?

In psychology , Adjustment is the behavioral process by which humans and other animals maintain a balance between their needs and challenges of their climate . Actually a sequence of adjustment starts when requirements are felt. As per dictionary , the term adjustment is synonyms with change , alteration , modification, amendment and so on. Also, it can be said that adjustment is an ongoing process continuing throughout the life span.

The concept of adjustment was first coined by in his theory of natural selection.. We all know that adjustment as a psychological term, may thus said to be another term adaptation. In this process of adaptation human being uses his skill to fight against the nemesis of the changing environment situations. When man becomes victories and have been adopted to this environment through adjustment come.

Dictionary of Education defined “ Adjustment as the process of finding and integrating modes of behavior suitable to climate . According to Crow and Crow “ Adjustment is Adequate and healthful to the extent that he was established harmonious relationship between himself and the situations. According to Shaffer- “ Adjustment is the process by which living organism maintain a balance between needs and circumstances that influence the satisfaction of these



needs. Kulshrestha (1979) explained that the adjustment process is a way in which the individual attempts to deal with stress, tensions, conflict etc and meet his needs. – Also this process makes effort to maintain relationship between person's with the environment. Dhingra (2005) stated that societal adjustment is a continuous process through one changes to be in proper adjustment with his environment.

Also it can be said that Social Adjustment is a psychological process whereby the individual try to balance or his security comforts, in facts of the ever changing conditions of the society. Societal adjustment is necessary for everybody. But it has great significance for students as they are going through the individualization process from their home. Even societal adjustment of students at university has big impact of students overall advancement. According to Zeidner(1992) societal adjustment may include participating to many social activities, peer interactions and adapting to new social norm". HERI (2005) said that societal adjustment is a managing time effectively and developing close friendship with other individual. A societal adjusted person have possessed some traits. such as-

- A societal adjusted person knows very well his strength and weakness
- A societal adjusted person have enchanted realistic vision of the world. He always plan thinks and after acts pragmatically.
- Societal adjustment provides the competency based education to bring desirable transformation in the state of our climate.
- Societal adjustment is a heterogeneous process.
- A societal adjustment person must be malleable with his performance. He can consistently maintain his stability to the changed environment.
- Lack of critical and faulty finding attitude.
- A feeling of ease with societal surroundings
- A Equal opportunity oriented Philosophy of societal life.

The basic purpose of adjustment is to build an equilibrium between individuals expectation and social demands which influence the every aspects of one's life. As a result individual can give the feedback appropriately to all & climate stimuli to gain his favorable reinforcement. Though Adjustment have universal characteristics but it can many aspects such as social, emotional, physical and educational dimensions; best aspect is social adjustment which is the prerequisite to other aspect of adjustment (Mazaheri & Fatehizadeh).

2. Significance of societal adjustment for Adjustment:

Many studies have showed that the necessities of societal adjustment like as academic performance, Students relationship, family and social relationship, enlightenment and comprehensive satisfaction in life. Normally we see the shy students tend to perform more badly more badly in school than less inhibited counterparts. Also, children who are liked by peers and stay in flexible relationship are likely to be good achiever but students are not liked by the peers have many difficulties. Children societal competency and mutual acceptance may establish emotional and societal integrity for advancement in life. Even noble and generous behavior with society will constitute the child to progress intense relationship and empathetic attitude towards others. Whereas students who can't adapt to socially may feel deprived from the rest of the people. Even he can't express himself in the right way, sometimes, it can be seen by others as negative and non-co-operative. But societal adjustment also assist children to feel societal unity very consciously which they can foster and cherish their lives.

Factor affecting the societal adjustment of students: The following factors affect the societal adjustment of children:

Personality: Each and every students are very special and they are different of their persona. Some students are introvert and some are extrovert or ambivert. Therefore, it vary student to student how he will socially interact with others. It is the tendency of some children to talk with very fast. While some children are very less to interact with other social person, which affects his societal adjustment.

Family: It is only the family of the child with whom he can connect firstly. In the family he first interact his mother,



after slowly he must be integrated with his caregiver and surroundings him. This integration is very needed. And students who experienced the love and security from their parents. They feel mostly strong attachment, hence they could be able to relate with other societal person. This is the another base for social development.

School : School is the second home for each child. They spend lots of time. They can learn new things from that second home. They can easily talk and play with their friends. School fosters the students to progress individually and socially. Also provide the children to chance to understand themselves and other. After the child must be kind, helpful and more adjustable which affects their social integration.

Environment of a student: Students are adopted to fit into the changeable conditions to the environment. The dynamic interaction among the students and his environment carry human belief, thought, cognitive skills that advanced and modified by societal influences within the environment. Everything such as parents, family, peers, school, teachers in the environment affects the students' adjustment directly.

Culture: Teachers are taken the time to notice the child and know the culture and community in which children live are good able to make on his strength. Some children are remain unsafe communities, they are fearful, & insecure when in the classroom. Their feelings of insecurity will affect their development specially social skill development.

Social learning: Students are emotionally adapted if he reveals emotion in a proper situation in a proper form. An emotionally stable student may be well adjusted with oneself and also others which affects social adjustment. But emotionally unstable conditions causes many disorder and maladjustment. So it can be said that emotional adjustment is needed for discovering new sound personality.

Counseling: Guidance and counseling services are very needed school, colleges, and universities where the most of the adolescents are gathered. Hence guidance and counseling program in higher institution of learning addresses the necessity of the children. So as to expand their adjustment skill to the environmental challenges that interfere their social growth and academic welfare.

Curriculum: curriculum must be pre-planned and transacted in such a way that it will consummate psychological and social needs of the students. This needs basically leads to better social adjustment.

Recreational facilities: Facilities such as sports, library, debate, and educational excursion may co-operate the students for their adjustment. We must give proper recreational facilities to them in school & college.

Evaluation system: Evaluation should be rigorous cum flexible. Too much subjectivity and numerical marking should be fend off. Grades must be given to students. Due to low marks, students are felt very badly and lost confidence which affects their mental condition and social adjustment.

3. Preponderant aspects of Educators:

- **Educators** should be free from partiality and should give the feeling lovable security in students, irrespective of their socio-economic status.
- Educators must be democratic oriented. Students representation committee should be established.
- Educators can be discussed and demonstrated very positively day to day difficulties faced by the students in the class room situation.
- Every educators must know the fundamental principles of human behavior to solve student challenges. They must be emotionally adjusted and have positive attitude towards teaching. They should create conducive and charismatic social environment.
- Educators should organize different types of curricular and co-curricular program for students.
- Students must be enthusiastic and encouraged to say their views feeling on various issue related to the institution freely.
- Sex and moral education must be important part of the curriculum.
- Institution can organize guidance and counseling for children up-liftment.
- There must be flexibility in institutional activities to adjust the individual needs of the students.



- Educators progress a variety of interest in students so that they can satisfy their emotion and must be socially adjusted.
- Value and model life-long oriented learning
- Provide safe, supportive and inclusive based environment in their classroom for adjustment.
- Educators should design and implement effective and relevant instructional assessment strategies for student societal adjustment.
- The educator should be cognizant and caring based of the fundamental nature and aims of education. Actually education helps the person's how to learn and live in harmony and unity with oneself & also other.
- Educators would cope prejudices, conflicts and violence in diverse society. And develop his own emotional intelligence and effectively with the feelings of students.

Thus in order to establish that educator's play preponderant role in our society. It is not only the individual culpability of educators but also it is the responsibility of all of us. In this regard, the government (central and state), NGOs, Mass Media, and organization should take pre-cautions to protect and promote social adjustment and unity based education of our nation.

4. CONCLUSION:

Information and education through educators and establishment of effective practices are very signify for students societal adjustment and advancement. In various situations, adjustment of a malleable and warm authoritative educators are most advantageous for students social, intellectual moral and emotional growth. Every student learns social subjects and skill in social climate. Better adjustment always lead the effective outcomes in an individual life. other side, poor adjustment leads of difficulties in an individual life. It is essential to feel that the childhood is a prime part of every individual who get a better environment to learn knowledge and skill from their respected educators, are able to better accommodated to the society. While some children are nor received a good climate that will be encouraged for social learning and adjustment but find it very difficult to adapt socially.

However, research in the area of educators students interaction must carry on and increase to evaluate not only result in a broader variety of cultural and socio-economic groups but also outcome in students different ages so that Educators in any situations can yield the full advantages of research. Also it can be said that particularly, regarding the effects of teachers students relationship on advancement in young adulthood must be benefited this area of study greatly. Hopefully, researchers must interested in looking in teacher students integration and their long term effect on advancement.

REFERENCES:

1. Burkhart, J.(2014). An integrated model of self-care for clinical psychology graduate students. *Journal of integral theory and practice*, 9(1).
2. Gebhard, J.G.(2012). International students adjustment problems and behavioral journal of international students, 2(2).
3. Igersoll, K.S.(1995), Social adjustment of female early college entrant in a residential program. *Journal for the education of the education*. 19.
4. Jayachandran, s.(2008). A study of the adjustment of higher secondary students of Nagercoil educational district. Unpublished M.phil thesis, Annamalai University.
5. Pistole, M.C.(2014). International student socio cultural adaptation: gossip and place attachment contributions. *Journal of the mental health counseling*. 36(4).
6. Shojae, F.S.(2014). social adjustment of children and degree of marital satisfaction of parents. *Bulletin of environment, pharmacy and life sciences*, vol3(2) pp 276-279.
7. Seefeldt, c.(2005), social studies for pre-school school / primary child.
8. Yeow, R., et. Al.(2011). An exploratory study of social adjustment among youth in residential homes. *Educational research*. vol 2(3).